

Laxfield PE Long Term Plan 25/26

	Autumn		Spring		Summer	
	1 st half	2 nd half	1 st half	2 nd half	1 st half	2 nd half
Wrens (R)	Introduction to PE (Unit 1)	Fundamentals (Unit 1)	Dance (Unit 1)	Gymnastics (Unit 1)	Ball Skills (Unit 1)	Games (Unit 1)
Robins (Y1/2)	Fundamentals (Year 2) Fitness (Year 1)	Team building (Year 2) Ball skills (Year 1)	Dance (Year 2) Target games (Year 1)	Gymnastics Sending and Receiving	Net and wall Invasion	Athletics Striking and fielding
Kingfishers (Y3/4)	Fundamentals (Year 3) Ball Skills (Year 4)	Fitness (Year 4) Football (Year 3)	Yoga (Year 3) Swimming	Gymnastics (Year 3) Swimming	Rounders (Year 4) Basketball (Year 3)	Athletics (Year 3) Tennis (Year 4)
Eagles (Y5/6)	Swimming OAA (Year 6)	Swimming Netball (Year 5)	Yoga (Year 6) Dance (Year 5)	Gymnastics (5/6) Fitness (Year 6)	Cricket (Year 5) Hockey (Year 5)	Athletics (Year 6) Dance (KS2 Play)