

Laxfield P.E. Long Term Plan 23/24

2023/2024	Autumn		Spring		Summer	
	1 st half	2 nd half	1 st half	2 nd half	1 st half	2 nd half
Wrens (R/Y1)	Fundamentals (R/1) Fundamentals (1)	Fundamentals (R/1) Ball Skills (1)	Gymnastics (R/1) Yoga (1)	Dance (R/1) Dance (1)	Ball skills (R/1) Team building (1)	Games (R/1) Sending and receiving (1)
Robins (Y2)	Fundamentals Fitness	Team building Ball skills	Dance Target games	Gymnastics Sending and receiving	Net and wall Invasion	Athletics Striking and fielding
Kingfishers (Y3/4)	Fundamentals Ball skills	OAA Football	Dance Swimming/ Yoga	Gymnastics Swimming/ Yoga	Cricket Basketball	Athletics Tennis
Eagles (Y5/6)	Football/ Swimming	Football/ Swimming	Dance	Gymnastics	Cricket	Athletics

	Netball	OAA	Yoga	Rugby	Hockey	Tennis
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